## Franklin High School Franklin High School Checken Cheerleading TRIVITS

Cheerleading
Registration is
currently OPEN
and will close
August
8/27/23.

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You must create a profile in FAMILYID and upload a current physical at the latest 8/27/23.

Franklin High School Website click Athletics, then click Athletic Teams then Select Cheerleading

**REGISTER NOW** 

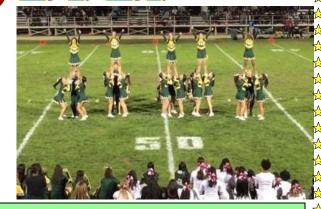
\*Wear
shorts,
t-shirt and
tennis shoes,
ponytail with
bow
(No Spandex
or Spaghetti
straps or
crop tops)

Please No jewelry

\*\*\*\*\*\*\*\*\*

Student/Athletes you MUST have a current Physical form in and Emergency Info/Profile uploaded in the FamilyID App. asap (NO exceptions)

- Must maintain a 2.0 GPA
- Must have good attendance record
- Must have <u>No Discipline</u> record
- Must not have already tried out for this year
- Must be willing to work hard and have fun!!!



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Aug. 29, 30 & 31 Judging Sept. 1st

**Get ready for: CHEER Try-Outs:** 

Aug, 29, 30 & 31 - 3 Days of Conditioning and Learning - All 3 days - Start at 4pm to 6pm (subject to change) (Please show up all 3 days approx. 10 mins before)
We will be in outside at the canopy area at Franklin or in large work-out room

<u>Try-Out Day</u> Friday Sept. 1, 2023 Check in 3:40 - 4:00 (Only) Start at 4:15 (sharp)

Google: Cheer Motions, Hurdler Jump, Toe tough Jump (Practice early)

If you're interested, starting today please stretch once or twice a day for 30-45 mins.

Coach: FOR UPDATES
Maria Torres – Varsity Cheer
#209-598-3760 Text or call with questions
Follow: franklinjackets cheer